

Swimcup Eindhoven  
Eindhoven, 27. - 29.11.2009

Programmanr. 32  
29-11-2009 - 11:27

Heren, 400m vrije slag  
EK limiet 3.48.49

Heren Senioren Open  
Resultaten

Wereld Record	3:40.07	Paul Biedermann	Rome (ITA)	26-07-2009
Europees Record	3:40.07	Paul Biedermann	Rome (ITA)	26-07-2009
Nederlands Record Senioren	3:47.20	Pieter van den Hoogenband	Amersfoort	20-04-2002
Nederlands Record Jeugd	3:56.45	Pieter van den Hoogenband	Pardubice (CEC)	04-08-1994
Nederlands Record Junioren	3:56.45	Pieter van den Hoogenband	Pardubice (CEC)	04-08-1994

Punten: FINA 2008

rang	naam	vereniging	startnr.	intijd	tijd	RT	niv.	finale	Pnt
1.	Sebastiaan Verschuren	E.ON-NZA	8803571	3:50.23	<b>3:56.08</b>		A		839
	50m: 26.74	26.74	150m: 1:26.20	30.18	250m: 2:27.16	30.38	350m: 3:27.88	30.04	
	100m: 56.02	29.28	200m: 1:56.78	30.58	300m: 2:57.84	30.68	400m: 3:56.08	28.20	
2.	Joshua Walsh	Stirling ITC	910831	3:54.07	<b>3:56.73</b>		A+		832
	50m: 27.20	27.20	150m: 1:26.98	30.16	250m: 2:27.51	30.27	350m: 3:28.59	30.60	
	100m: 56.82	29.62	200m: 1:57.24	30.26	300m: 2:57.99	30.48	400m: 3:56.73	28.14	
3.	Alfie Howes	City of Cardiff Swimming Club		4:02.16	<b>4:02.50</b>	+0,88	A		774
	50m: 27.72	27.72	150m: 1:28.78	31.12	250m: 2:30.82	30.81	350m: 3:33.09	31.24	
	100m: 57.66	29.94	200m: 2:00.01	31.23	300m: 3:01.85	31.03	400m: 4:02.50	29.41	
4.	Axel Vandevelde	MEGA	MEGA065/91	4:01.15	<b>4:04.19</b>		B		758
	50m: 27.89	27.89	150m: 1:29.16	31.07	250m: 2:32.02	31.38	350m: 3:34.73	31.46	
	100m: 58.09	30.20	200m: 2:00.64	31.48	300m: 3:03.27	31.25	400m: 4:04.19	29.46	
5.	Patrick Janssen	Eiffel Swimmers PSV	9102817	4:07.29	<b>4:04.46</b>	+0,71	C		756
	50m: 27.17	27.17	150m: 1:27.95	30.71	250m: 2:30.03	31.13	350m: 3:33.75	31.75	
	100m: 57.24	30.07	200m: 1:58.90	30.95	300m: 3:02.00	31.97	400m: 4:04.46	30.71	
6.	Jonny Greig	Stirling ITC	891115	3:55.31	<b>4:04.52</b>		C		755
	50m: 27.94	27.94	150m: 1:29.41	30.72	250m: 2:31.88	31.17	350m: 3:34.87	31.49	
	100m: 58.69	30.75	200m: 2:00.71	31.30	300m: 3:03.38	31.50	400m: 4:04.52	29.65	
7.	Ieuan Lloyd	City of Cardiff Swimming Club		3:57.46	<b>4:04.79</b>		A		753
	50m: 28.18	28.18	150m: 1:29.21	30.64	250m: 2:32.65	31.83	350m: 3:35.37	31.02	
	100m: 58.57	30.39	200m: 2:00.82	31.61	300m: 3:04.35	31.70	400m: 4:04.79	29.42	
8.	Joost Reijns	E.ON-NZA	8702725	3:58.83	<b>4:05.04</b>		C		750
	50m: 28.44	28.44	150m: 1:29.18	30.59	250m: 2:30.73	30.64	350m: 3:34.20	32.10	
	100m: 58.59	30.15	200m: 2:00.09	30.91	300m: 3:02.10	31.37	400m: 4:05.04	30.84	
9.	Thomas Greenfield	City of Cardiff		3:55.69	<b>4:07.97</b>		D		724
	50m: 27.60	27.60	150m: 1:28.74	31.04	250m: 2:32.81	31.96	350m: 3:36.95	32.31	
	100m: 57.70	30.10	200m: 2:00.85	32.11	300m: 3:04.64	31.83	400m: 4:07.97	31.02	
10.	Dion Dreesens	Noord Limburg(SG)	9302189	4:02.12	<b>4:10.14</b>		C		705
	50m: 27.72	27.72	150m: 1:30.16	31.66	250m: 2:34.20	32.15	350m: 3:39.24	32.62	
	100m: 58.50	30.78	200m: 2:02.05	31.89	300m: 3:06.62	32.42	400m: 4:10.14	30.90	
11.	Sam van Schootbrugge	Eiffel Swimmers PSV	9304783	4:01.00	<b>4:10.34</b>		C		704
	50m: 28.03	28.03	150m: 1:30.11	31.64	250m: 2:34.50	26.59	350m: 3:39.20	31.63	
	100m: 58.47	30.44	200m: 2:07.91	37.80	300m: 3:07.57	33.07	400m: 4:10.34	31.14	
12.	Matthew Alison	City of Leeds		3:59.04	<b>4:10.71</b>		D		701
	50m: 28.73	28.73	150m: 1:32.04	32.24	250m: 2:35.60	31.71	350m: 3:39.52	32.05	
	100m: 59.80	31.07	200m: 2:03.89	31.85	300m: 3:07.47	31.87	400m: 4:10.71	31.19	
13.	Ferry Weertman	DWK	9201461	4:06.35	<b>4:11.26</b>	+0,83	C		696
	50m: 27.97	27.97	150m: 1:30.93	31.86	250m: 2:35.85	32.66	350m: 3:40.99	32.08	
	100m: 59.07	31.10	200m: 2:03.19	32.26	300m: 3:08.91	33.06	400m: 4:11.26	30.27	
14.	Sebastiaan Rosendaal	MNC Dordrecht	9101947	4:09.44	<b>4:12.77</b>	+0,79	D		684
	50m: 27.98	27.98	150m: 1:30.96	31.83	250m: 2:35.93	32.57	350m: 3:41.42	32.77	
	100m: 59.13	31.15	200m: 2:03.36	32.40	300m: 3:08.65	32.72	400m: 4:12.77	31.35	
15.	Vincent van Iperen	Orca	9106179	4:13.03	<b>4:13.88</b>	+0,82	D		675
	50m: 28.52	28.52	150m: 1:31.91	31.99	250m: 2:37.85	33.54	350m: 3:43.59	32.45	
	100m: 59.92	31.40	200m: 2:04.31	32.40	300m: 3:11.14	33.29	400m: 4:13.88	30.29	
16.	Mikkel Munk Sorensen	Aalborg Svømmeklub	9249AB	4:10.08	<b>4:14.39</b>	+0,72	D		671
	50m: 28.84	28.84	150m: 1:32.83	32.35	250m: 2:37.57	32.03	350m: 3:43.06	33.00	
	100m: 1:00.48	31.64	200m: 2:05.54	32.71	300m: 3:10.06	32.49	400m: 4:14.39	31.33	
17.	Tom Verbeek	Het Y	8803527	4:12.60	<b>4:14.93</b>	+0,80			666
	50m: 28.15	28.15	150m: 1:31.66	32.50	250m: 2:37.28	33.03	350m: 3:43.68	33.13	
	100m: 59.16	31.01	200m: 2:04.25	32.59	300m: 3:10.55	33.27	400m: 4:14.93	31.25	
18.	Dennis Overhage	Eiffel Swimmers PSV	9002223	4:21.11	<b>4:21.78</b>	+0,82			616
	50m: 28.76	28.76	150m: 1:33.76	33.22	250m: 2:41.80	34.06	350m: 3:49.41	33.72	
	100m: 1:00.54	31.78	200m: 2:07.74	33.98	300m: 3:15.69	33.89	400m: 4:21.78	32.37	
19.	Niels van Polanen	De Columbiaan	9101809	4:23.49	<b>4:22.05</b>	+0,86			614
	50m: 29.90	29.90	150m: 1:36.38	33.17	250m: 2:43.26	33.20	350m: 3:50.32	33.40	
	100m: 1:03.21	33.31	200m: 2:10.06	33.68	300m: 3:16.92	33.66	400m: 4:22.05	31.73	
20.	Vincent Moolhuijsen	Oceanus	9401215	4:27.00	<b>4:26.97</b>	+0,85			580
	50m: 29.59	29.59	150m: 1:36.44	34.14	250m: 2:44.99	34.52	350m: 3:53.64	34.54	
	100m: 1:02.30	32.71	200m: 2:10.47	34.03	300m: 3:19.10	34.11	400m: 4:26.97	33.33	

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rang	naam	vereniging	startnr.	intijd	tijd	RT	niv.	finale	Pnt
21.	Giovanni den Ouden	de Devel	9300877	4:17.54	<b>4:28.70</b>	+1,26			569
	50m: 29.72	29.72 150m: 1:35.77	33.50 250m: 2:44.89	34.89	350m: 3:54.78			34.58	
	100m: 1:02.27	32.55 200m: 2:10.00	34.23 300m: 3:20.20	35.31	400m: 4:28.70			33.92	
22.	Jasper van Mierlo	Eiffel Swimmers PSV	9002005	4:28.85	<b>4:28.91</b>	+0,71			568
	50m: 28.92	28.92 150m: 1:34.81	33.79 250m: 2:44.07	34.65	350m: 3:55.02			35.31	
	100m: 1:01.02	32.10 200m: 2:09.42	34.61 300m: 3:19.71	35.64	400m: 4:28.91			33.89	
23.	Bernd Kobesen	RTC-Drachten	9300981	4:21.98	<b>4:30.73</b>	+0,73			556
	50m: 29.14	29.14 150m: 1:36.12	34.49 250m: 2:45.63	35.10	350m: 3:56.49			35.61	
	100m: 1:01.63	32.49 200m: 2:10.53	34.41 300m: 3:20.88	35.25	400m: 4:30.73			34.24	
23.	Paul Koster	Z & Pc Dio	9304465	4:26.44	<b>4:30.73</b>	+0,80			556
	50m: 30.56	30.56 150m: 1:39.27	34.73 250m: 2:49.48	35.07	350m: 3:58.63			34.38	
	100m: 1:04.54	33.98 200m: 2:14.41	35.14 300m: 3:24.25	34.77	400m: 4:30.73			32.10	
25.	Maarten Brzoskowski	Eiffel Swimmers PSV	9500769	4:37.15	<b>4:33.13</b>	+0,74			542
	50m: 29.54	29.54 150m: 1:37.63	34.82 250m: 2:48.24	35.14	350m: 3:59.18			35.45	
	100m: 1:02.81	33.27 200m: 2:13.10	35.47 300m: 3:23.73	35.49	400m: 4:33.13			33.95	
26.	Date v.d. Zaag	Eiffel Swimmers PSV	9403919	4:21.35	<b>4:33.40</b>	+0,72			540
	50m: 29.98	29.98 150m: 1:37.72	34.52 250m: 2:49.00	35.89	350m: 4:00.63			35.75	
	100m: 1:03.20	33.22 200m: 2:13.11	35.39 300m: 3:24.88	35.88	400m: 4:33.40			32.77	
27.	Richard Huisken	ZPC De Hof	8501141	4:18.29	<b>4:35.81</b>	+0,84			526
	50m: 29.60	29.60 150m: 1:36.68	34.09 250m: 2:47.33	35.48	350m: 3:59.90			36.19	
	100m: 1:02.59	32.99 200m: 2:11.85	35.17 300m: 3:23.71	36.38	400m: 4:35.81			35.91	
28.	Jeffrey Buddenberg	de Zeehond '73	9502289	4:31.60	<b>4:39.45</b>	+0,68			506
	50m: 29.97	29.97 150m: 1:38.16	34.53 250m: 2:49.93	36.00	350m: 4:03.03			36.15	
	100m: 1:03.63	33.66 200m: 2:13.93	35.77 300m: 3:26.88	36.95	400m: 4:39.45			36.42	
29.	Emiel Huisken	ZPC De Hof	8501139	4:18.48	<b>4:42.03</b>	+0,89			492
	50m: 29.93	29.93 150m: 1:38.74	35.20 250m: 2:51.61	37.08	350m: 4:06.01			37.70	
	100m: 1:03.54	33.61 200m: 2:14.53	35.79 300m: 3:28.31	36.70	400m: 4:42.03			36.02	
AFGEM	Tim Wagenmans	Aquarijn	9104945	4:27.99					
AFGEM	Tom Haffield	City of Cardiff Swimming Club		3:54.82					
AFGEM	Jeffrey Reijnders	Oceanus	9500877	4:29.60					