

Swimcup Eindhoven
Eindhoven, 27. - 29.11.2009

Programmanr. 11 Dames, 800m vrije slag Dames Senioren Open
27-11-2009 - 11:50 EK limiet 8.33.49 - serie 3 naar finale progr Resultaten

Wereld Record	8:14.10	Rebecca Adlington	Beijing (CHN)	16-08-2008
Europees Record	8:14.10	Rebecca Adlington	Beijing (CHN)	16-08-2008
Nederlands Record Senioren	8:30.84	Kirsten Vliegheuis	Atlanta (USA)	25-07-1996
Nederlands Record Jeugd	8:37.58	Sharon van Rouwendaal	Straatsburg (FRA)	27-03-2009
Nederlands Record Junioren	8:58.93	Karen Wammes	Antwerpen (BEL)	02-08-1991

Punten: FINA 2008

rang	naam	vereniging	startnr.	intijd	tijd	RT	niv.	finale	Pnt
1.	Sharon van Rouwendaal	Eiffel Swimmers PSV	9307422	8:37.58	8:58.01	+0,77	A		797
	50m: 30.53	30.53	250m: 2:44.99	34.16	450m: 5:01.40	33.89	650m: 7:17.65	33.38	
	100m: 1:03.18	32.65	300m: 3:19.11	34.12	500m: 5:35.68	34.28	700m: 7:51.73	34.08	
	150m: 1:36.66	33.48	350m: 3:53.26	34.15	550m: 6:09.91	34.23	750m: 8:25.15	33.42	
	200m: 2:10.83	34.17	400m: 4:27.51	34.25	600m: 6:44.27	34.36	800m: 8:58.01	32.86	
2.	Kayleigh Dawson	City of Newcastle		8:56.70	8:59.08	+0,82	A+		792
	50m: 30.72	30.72	250m: 2:44.93	34.01	450m: 5:01.49	34.10	650m: 7:18.14	33.88	
	100m: 1:03.52	32.80	300m: 3:18.98	34.05	500m: 5:35.65	34.16	700m: 7:52.31	34.17	
	150m: 1:37.01	33.49	350m: 3:53.11	34.13	550m: 6:09.95	34.30	750m: 8:26.19	33.88	
	200m: 2:10.92	33.91	400m: 4:27.39	34.28	600m: 6:44.26	34.31	800m: 8:59.08	32.89	
3.	Esmee Vermeulen <i>NR 13 jaar</i>	E.ON-NZA	9600678	9:11.64	9:01.19	+0,88	A+		783
	50m: 31.29	31.29	250m: 2:45.44	33.72	450m: 5:01.59	34.11	650m: 7:19.46	34.51	
	100m: 1:04.82	33.53	300m: 3:19.33	33.89	500m: 5:36.03	34.44	700m: 7:54.41	34.95	
	150m: 1:37.95	33.13	350m: 3:53.51	34.18	550m: 6:10.50	34.47	750m: 8:29.20	34.79	
	200m: 2:11.72	33.77	400m: 4:27.48	33.97	600m: 6:44.95	34.45	800m: 9:01.19	31.99	
4.	Aynsley Heseltine	City of Sheffield Swim Squad		8:48.25	9:08.98	+0,81	C		750
	50m: 31.01	31.01	250m: 2:46.48	34.25	450m: 5:04.66	34.65	650m: 7:24.37	34.95	
	100m: 1:04.47	33.46	300m: 3:20.86	34.38	500m: 5:39.50	34.84	700m: 7:59.38	35.01	
	150m: 1:38.10	33.63	350m: 3:55.27	34.41	550m: 6:14.31	34.81	750m: 8:34.39	35.01	
	200m: 2:12.23	34.13	400m: 4:30.01	34.74	600m: 6:49.42	35.11	800m: 9:08.98	34.59	
5.	Marieke Nijhuis	OZ&PC Oldenzaal	9201296	9:00.61	9:13.50	+0,92	C		732
	50m: 31.33	31.33	250m: 2:49.53	35.21	450m: 5:09.73	34.88	650m: 7:29.06	34.81	
	100m: 1:04.89	33.56	300m: 3:24.54	35.01	500m: 5:44.58	34.85	700m: 8:04.58	35.52	
	150m: 1:39.22	34.33	350m: 3:59.71	35.17	550m: 6:19.47	34.89	750m: 8:39.43	34.85	
	200m: 2:14.32	35.10	400m: 4:34.85	35.14	600m: 6:54.25	34.78	800m: 9:13.50	34.07	
6.	Laurence Lambot	Lorelei Londerzeel	202/91	9:08.56	9:34.13	+0,85			656
	50m: 31.39	31.39	250m: 2:53.38		450m: 5:19.53		650m: 7:45.76	36.57	
	100m: 1:05.84	34.45	300m: 4:43.51	1:50.13	500m: 5:55.83	36.30	700m: 8:22.29	36.53	
	150m: 1:41.42	35.58	350m: 4:06.62		550m: 6:32.76	36.93	750m: 8:58.79	36.50	
	200m: 3:29.97	1:48.55	400m: 4:00m:		600m: 7:09.19	36.43	800m: 9:34.13	35.34	
7.	Phoebe Whitehead	Garioch ASC		9:45.18	9:42.12	+0,77	D		629
	50m: 33.26	33.26	250m: 2:59.04	36.65	450m: 5:25.41	36.67	650m: 7:52.11	36.77	
	100m: 1:09.51	36.25	300m: 3:35.65	36.61	500m: 6:02.01	36.60	700m: 8:29.19	37.08	
	150m: 1:46.09	36.58	350m: 4:12.36	36.71	550m: 6:38.80	36.79	750m: 9:06.08	36.89	
	200m: 2:22.39	36.30	400m: 4:48.74	36.38	600m: 7:15.34	36.54	800m: 9:42.12	36.04	
8.	Marcha Admiraal	De Biesboschwimmers	9300012	9:17.85	9:42.35	+0,82			628
	50m: 32.08	32.08	250m: 2:57.07	37.27	450m: 5:25.95	37.21	650m: 7:54.21	36.97	
	100m: 1:07.12	35.04	300m: 3:34.55	37.48	500m: 6:02.99	37.04	700m: 8:31.01	36.80	
	150m: 1:43.21	36.09	350m: 4:11.67	37.12	550m: 6:40.11	37.12	750m: 9:07.50	36.49	
	200m: 2:19.80	36.59	400m: 4:48.74	37.07	600m: 7:17.24	37.13	800m: 9:42.35	34.85	
9.	Merel Barendregt	Van Vliet Barracuda	9100118	9:49.30	9:45.21	+0,78			619
	50m: 33.12	33.12	250m: 2:58.19	36.54	450m: 5:25.98	36.85	650m: 7:55.64	37.59	
	100m: 1:08.76	35.64	300m: 3:35.16	36.97	500m: 6:03.40	37.42	700m: 8:33.07	37.43	
	150m: 1:45.03	36.27	350m: 4:12.00	36.84	550m: 6:40.68	37.28	750m: 9:09.55	36.48	
	200m: 2:21.65	36.62	400m: 4:49.13	37.13	600m: 7:18.05	37.37	800m: 9:45.21	35.66	
10.	Danique Gielen	Oceanus	9105922	9:39.87	9:57.60	+0,89			582
	50m: 33.05	33.05	250m: 3:06.10	38.91	450m: 5:38.81	37.96	650m: 8:08.60	37.42	
	100m: 1:10.24	37.19	300m: 3:44.78	38.68	500m: 6:16.59	37.78	700m: 8:45.55	36.95	
	150m: 1:48.91	38.67	350m: 4:22.20	37.42	550m: 6:53.94	37.35	750m: 9:22.49	36.94	
	200m: 2:27.19	38.28	400m: 5:00.85	38.65	600m: 7:31.18	37.24	800m: 9:57.60	35.11	
11.	Nikki van der Hoorn	Oceanus	9307224	9:59.75	10:02.53	+0,79			567
	50m: 32.61	32.61	250m: 3:00.33	37.91	450m: 5:34.26	38.22	650m: 8:09.13	38.54	
	100m: 1:08.12	35.51	300m: 3:38.65	38.32	500m: 6:13.18	38.92	700m: 8:48.00	38.87	
	150m: 1:44.80	36.68	350m: 4:16.96	38.31	550m: 6:51.83	38.65	750m: 9:26.50	38.50	
	200m: 2:22.42	37.62	400m: 4:56.04	39.08	600m: 7:30.59	38.76	800m: 10:02.53	36.03	
12.	Adája Stoetman	ZPC Stadskanaal	9600348	10:22.28	10:08.87	+0,83			550
	50m: 32.35	32.35	250m: 3:05.73	39.04	450m: 5:42.11	38.78	650m: 8:17.56	38.68	
	100m: 1:09.13	36.78	300m: 3:44.77	39.04	500m: 6:21.22	39.11	700m: 8:56.18	38.62	
	150m: 1:47.65	38.52	350m: 4:24.17	39.40	550m: 7:00.02	38.80	750m: 9:33.86	37.68	
	200m: 2:26.69	39.04	400m: 5:03.33	39.16	600m: 7:38.88	38.86	800m: 10:08.87	35.01	
13.	Iris Barendregt	Van Vliet Barracuda	8600172	10:30.47	10:10.02	+0,85			547
	50m: 33.75	33.75	250m: 3:07.38	38.60	450m: 5:40.28	38.35	650m: 8:16.16	39.04	
	100m: 1:11.46	37.71	300m: 3:45.92	38.54	500m: 6:19.03	38.75	700m: 8:55.40	39.24	
	150m: 1:50.03	38.57	350m: 4:23.79	37.87	550m: 6:57.85	38.82	750m: 9:33.81	38.41	
	200m: 2:28.78	38.75	400m: 5:01.93	38.14	600m: 7:37.12	39.27	800m: 10:10.02	36.21	

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rang	naam	vereniging	startnr.	intijd	tijd	RT	niv.	finale	Pnt
14.	Danielle Grootes	De Columbiaan	9501278	10:08.05	10:19.07	+0,79			523
	50m: 33.01	33.01	250m: 3:04.82	38.73	450m: 5:44.20	39.69	650m: 8:22.69	40.09	
	100m: 1:09.37	36.36	300m: 3:44.63	39.81	500m: 6:23.33	39.13	700m: 9:02.03	39.34	
	150m: 1:47.46	38.09	350m: 4:24.48	39.85	550m: 7:02.92	39.59	750m: 9:41.40	39.37	
	200m: 2:26.09	38.63	400m: 5:04.51	40.03	600m: 7:42.60	39.68	800m: 10:19.07	37.67	
15.	Jeanine Kocken	Eiffel Swimmers PSV	9601816	10:45.67	10:26.09	+0,78			506
	50m: 34.39	34.39	250m: 3:08.68	39.46	450m: 5:47.64	39.87	650m: 8:28.35	40.29	
	100m: 1:11.40	37.01	300m: 3:48.16	39.48	500m: 6:27.56	39.92	700m: 9:08.77	40.42	
	150m: 1:50.25	38.85	350m: 4:27.92	39.76	550m: 7:07.74	40.18	750m: 9:48.64	39.87	
	200m: 2:29.22	38.97	400m: 5:07.77	39.85	600m: 7:48.06	40.32	800m: 10:26.09	37.45	
16.	Esmée Six	Eiffel Swimmers PSV	9700490	10:49.89	10:31.55	+0,51			493
	50m: 34.54	34.54	250m: 3:09.80	39.85	450m: 5:49.94	40.33	650m: 8:32.85	40.91	
	100m: 1:12.14	37.60	300m: 3:49.23	39.43	500m: 6:30.28	40.34	700m: 9:13.25	40.40	
	150m: 1:51.01	38.87	350m: 4:29.61	40.38	550m: 7:11.20	40.92	750m: 9:53.16	39.91	
	200m: 2:29.95	38.94	400m: 5:09.61	40.00	600m: 7:51.94	40.74	800m: 10:31.55	38.39	
17.	Zoë van Zijl	Aquarijn	9500136	10:19.20	10:41.45	+0,70			470
	50m: 34.27	34.27	250m: 3:16.29	40.64	450m: 5:59.44	40.80	650m: 8:43.51	40.89	
	100m: 1:13.74	39.47	300m: 3:56.91	40.62	500m: 6:40.70	41.26	700m: 9:24.11	40.60	
	150m: 1:54.43	40.69	350m: 4:37.46	40.55	550m: 7:21.59	40.89	750m: 10:03.23	39.12	
	200m: 2:35.65	41.22	400m: 5:18.64	41.18	600m: 8:02.62	41.03	800m: 10:41.45	38.22	
18.	Judith Veldman	Eemsrobben	9702422	10:39.74	10:51.43	+0,89			449
	50m: 34.03	34.03	250m: 3:10.53	40.52	450m: 5:56.55	42.22	650m: 8:48.54	43.46	
	100m: 1:11.95	37.92	300m: 3:51.19	40.66	500m: 6:39.07	42.52	700m: 9:31.07	42.53	
	150m: 1:50.94	38.99	350m: 4:32.46	41.27	550m: 7:22.26	43.19	750m: 10:13.11	42.04	
	200m: 2:30.01	39.07	400m: 5:14.33	41.87	600m: 8:05.08	42.82	800m: 10:51.43	38.32	
19.	Dèlenn van Oostrom	GoSwim	9600056	NT	10:52.23	+0,97			447
	50m: 34.75	34.75	250m: 3:17.52	41.77	450m: 6:05.24	42.08	650m: 8:51.67	41.52	
	100m: 1:14.23	39.48	300m: 3:59.37	41.85	500m: 6:47.07	41.83	700m: 9:33.02	41.35	
	150m: 1:54.75	40.52	350m: 4:41.46	42.09	550m: 7:29.19	42.12	750m: 10:14.22	41.20	
	200m: 2:35.75	41.00	400m: 5:23.16	41.70	600m: 8:10.15	40.96	800m: 10:52.23	38.01	
20.	Jamilla van Veen	One Team Swimming	9603192	10:36.26	10:58.06	+0,89			436
	50m: 33.23	33.23	250m: 3:16.25	41.83	450m: 6:05.71	43.24	650m: 8:54.98	42.25	
	100m: 1:12.57	39.34	300m: 3:58.39	42.14	500m: 6:48.02	42.31	700m: 9:37.01	42.03	
	150m: 1:53.32	40.75	350m: 4:40.03	41.64	550m: 7:30.43	42.41	750m: 10:18.61	41.60	
	200m: 2:34.42	41.10	400m: 5:22.47	42.44	600m: 8:12.73	42.30	800m: 10:58.06	39.45	
21.	Sandra Schellekens	Neptunus'58	8503416	11:20.31	11:47.45	+0,89			351
	50m: 36.82	36.82	250m: 3:32.63	44.76	450m: 6:32.83	45.22	650m: 9:34.78	45.67	
	100m: 1:19.26	42.44	300m: 4:17.08	44.45	500m: 7:18.20	45.37	700m: 10:20.00	45.22	
	150m: 2:03.57	44.31	350m: 5:02.27	45.19	550m: 8:03.85	45.65	750m: 11:05.38	45.38	
	200m: 2:47.87	44.30	400m: 5:47.61	45.34	600m: 8:49.11	45.26	800m: 11:47.45	42.07	
22.	Rebecca Jager	ZC De Toekomst	9800402	11:44.81	12:01.52	+1,08			330
	50m: 38.61	38.61	250m: 3:36.83	45.95	450m: 6:42.12	46.69	650m: 9:45.85	46.07	
	100m: 1:21.64	43.03	300m: 4:22.88	46.05	500m: 7:28.05	45.93	700m: 10:31.40	45.55	
	150m: 2:06.30	44.66	350m: 5:08.96	46.08	550m: 8:13.43	45.38	750m: 11:17.51	46.11	
	200m: 2:50.88	44.58	400m: 5:55.43	46.47	600m: 8:59.78	46.35	800m: 12:01.52	44.01	
DIS	Monique van der Struik	RTC-Drachten	9502502	9:45.16		+0,90			
NG.ZA	Demi van der Werf	Luctor et Emergo	9701860	11:22.92					
AFGEM	Bianca de Bruijn	de Devel	8400390	9:22.57					
NG	Ivana Lingen	Zoetermeer	9305020	NT					